

# Aspire

Indiana Health<sup>SM</sup>

WHOLE HEALTH FOR YOUR WHOLE FAMILY

## ASPIRE INDIANA HEALTH DEAF SERVICES

Aspire Indiana Health is proud to offer support to Deaf and Hard of Hearing patients, and is the state's only designated Community Mental Health Center with a Deaf Services team.

The Deaf Services team is filled with professionals skilled in mental health, deafness and American Sign Language (ASL).

The team will assess every individual from medical, psychiatric, social, cultural, educational, vocational and behavioral perspectives.

Individualized treatment plans are developed to address mental health challenges based on the results of these assessments with the client and family's input. Once a treatment plan is established, a Care Coordinators/Life Skills Instructors (CC/LSI) and/or therapist are assigned to work with the client, family and social service agencies as needed.

Deaf Services' outpatient services work with clients to manage a wide variety of mental health diagnoses and needs. The goal is to help clients cope and manage or resolve



symptoms effectively within their environments.

### **Crisis Services**

Aspire Indiana Health also provides 24/7 crisis services for deaf clients to utilize during the crisis events. Staff members are trained to communicate through video relay services and understand how to engage with

Deaf clients. For those requiring short-term hospitalization, Deaf Services partners with Community Hospital North to offer acute stabilization admission where they provide ASL interpreters.

### **Support in the home and in the community**

Our Deaf Services team also works with Indiana School for the Deaf to offer therapy and psychiatry services. The Deaf Services therapists will go to Indiana School for the Deaf campus to provide therapy services in person, and the students/parents can even meet with Aspire's psychiatrist virtually for medication reviews to ensure the medication prescribed is effective.

## OVERVIEW OF ASPIRE INDIANA HEALTH SERVICES

Deaf Services' Home-Community Based services work with clients at their home and/or community to manage their mental health diagnoses effectively, which will enable the clients to function and live independently out in the community.

Care Coordinator/Life Skills Instructors are heavily involved in clients' cases as they are

the ones who coordinate and manage clients' cases to ensure the treatment plan is successful. The Care Coordinator/Life Skills Instructor will work closely with clients' therapist and Life Skills Coaches to treat clients' mental health diagnoses, as well as training the clients to function independently out in the community.



**Appointments** ... (877) 574-1254

**24/7 Crisis** ..... (800) 560-4038

**Fax** ..... (317) 475-7280

**Address** ..... 2506 Willowbrook Pkwy  
Indianapolis, IN 46205

**Website** ..... [www.AspireIndiana.org](http://www.AspireIndiana.org)

*Aspire Indiana is a private, not-for-profit Integrated Care organization whose services are rendered regardless of age, race, religion, sexual orientation, gender, ethnicity, or disability.*

*Accreditation: Certified by the State of Indiana Division of Mental Health and Addictions, Accredited by the Joint Commission, Medicaid and Medicare Provider, Third Party Insurance, and Private Insurance*



*Video in Person, or ViP for short, will be Aspire's branded terminology for face-to-face appointments with a healthcare professional through video, and not merely a telephone call – aka "in person."*