

2018 Harney Running Club

3rd, 4th and 5th grade

Starts September 10th (every Monday and Wednesday)Ends October 10th. Fun Run at Lebanon Memorial Park October 13th at 10:00am.

Grades 3-5 walk/run after school outside to earn charms for every three miles they complete. At the conclusion we will have a fun run at Lebanon Memorial Park. This is a fun and exciting way for students to get together to exercise and socialize all while earning foot charms for their efforts.

Meet in the gym after school for a snack and lesson on nutrition and proper running form (monetary donations accepted for snacks).

Parent/Guardian pick up is in front of the school starting at 4:40pm

If we cancel due to inclement weather notification will be put on the Harney Website by 2:00 pm

Please send a water bottle with your runner

Also dress appropriately, tennis shoes must be worn

SAVE THE DATE: HARNEY FUN RUN OCTOBER 13th (Rain date will be October 15th) at LEBANON MEMORIAL PARK.

Any questions email hammelt@leb.k12.in.us

Please read and sign the back page

RETURN BY Wednesday, September 5th!

Volunteers needed to count laps, contact Mrs. Hammel to sign up

Please read and sign the back and

Harney Elementary Running Club

2018 - 2019

I understand that being allowed to participate in the Harney Elementary Running club is a privilege that comes with high expectations and responsibilities. In order to participate in Running Club, I promise:

1. To be a leader and role model for ALL other students.

- You need to maintain at least P1s in all areas of PRIDE (citizenship) at all times.

2. To act appropriately and responsibly during Running Club Activities.

- During our time in the gym, you are to respect it as Mrs. Hammel's classroom. Her classroom rules should be followed at all times. Failure to do so can result in removal from running club. When we are outside running laps, I understand that inappropriate behavior and language can result in my removal from Running Club. I will follow the PRIDE guidelines at all times.

3. To earn no grade below a C on my report card.

- Running Club members are expected to give their personal best.

Student's Signature: _____

Print Student Name: _____

Parent/Guardians Signature: _____

Print Parent/Guardians Name: _____

Teachers Name: _____

Emergency Contact Person: _____

Phone Number: _____

Walking home from running club? Yes or No

Car Rider home from running club Yes or No

